Cowichan Inpatient Care & Long Term Care
Mentorship Program

PROGRAM OVERVIEW

The Cowichan mentorship program has been developed in collaboration with the UBC Rural CPD Coaching and Mentoring Program (CAMP). The program matches mentees with an experienced local physician mentor. Mentors share knowledge, provide orientations and introductions, offer general support and familiarization, with a goal to have mentees working comfortably and confidently in hospital and/or in long-term care facilities in Cowichan.

This program is funded through the Cowichan Division of Family Practice and accredited through UBC, with participants able to earn credits based on participation in CAMP learning sessions. Read more on the UBC site here. *Please note, participation in CAMP activities is optional.*

OBJECTIVES

With this program, we aim to…

- Orient you to Cowichan District Hospital and/or long-term care sites
- Familiarize you with facility administration teams
- Introduce you to FP and specialist colleagues and allied health professionals
- Assist you in understanding referral and ordering processes
- Introduce you to IT and EMR systems
- Assist you in understanding call systems and in establishing on-call support
- Direct you to local community services, resources and amenities.
- Assist you in establishing a strong network of social and professional support
- Help you feel confident in undertaking facility based work in Cowichan
- Create stability and sustainability in facility based care settings

WHO?

WHO IS THE PROGRAM FOR?

- ✓ New family practice grads
- ✓ Family doctors new to the Cowichan area
- ✓ FP locums looking to take on facility-based work
- ✓ Established Cowichan FPs looking to start or return to facility-based work
- ✓ PRA and ROS physicians

ELIGIBILITY:

- ➔ Must be working the majority of your time in the CVDFP catchment area
- ➔ Must intend to provide inpatient care and/or long-term care in Cowichan for a minimum of two years
- ➔ *Note: NPs are eligible to participate but cannot receive a CVDFP stipend due to limitations on Division funding*

Questions? Looking to register? Contact the CVDFP team at tlittmann@cvdfp.ca.

Cowichan Valley Division of Family Practice
An FPSC initiative

STEPS TO THE PROGRAM

This program runs in partnership with the UBC Rural CPD Coaching & Mentoring program; some duplication and overlap in process should be expected.

LAUNCH

Register with CVDFP and receive mentor match.
Do not register with UBC directly

Participants are connected to UBC to complete CAMP registration.

Mentor participates in UBC program orientation.
Participation in CAMP activities is optional

Mentoring begins

Mentor & mentee decide areas of focus, format & frequency of interactions

WRAP UP

After 8-12 months, participate in a debrief with CVDFP mentorship lead.

Mentor & mentee complete CVDFP post-program assessment form.

Mentor & mentee complete UBC post-program survey.

Stipends issued

REMUNERATION

CVDFP is pleased to be able to offer a mentorship stipend both to our dedicated mentors and to our mentee participants, based on their commitment to doing inpatient care or long term care in Cowichan.

Upon successful completion of the program, generally considered to be after 12 months, both mentor and mentee will receive a flat stipend of $2,200, paid by CVDFP.

This program is accredited through UBC and participants can earn credits based on optional participation in learning sessions. Read more on the UBC site here.

Note: due to restrictions on CVDFP funding, we are unable to pay stipends to NP participants; however, options for remuneration may exist through NNPBC under the category of "Division Activities". Read more on the NNPBC site here.

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